

SONORA ISD BREAKFAST

NOV

MENU 2022

GEAR UP FOR TURKEY TROT

MARATHON



ANNOUNCEMENTS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 DONUT / SAUSAGE
PRE-K CROISSANT SAND
or
Cereal / Crackers
100% Fruit Juice
Fruit
Milk Variety

2 WAFFLES / CHICKEN
or
Cereal / Crackers
100% Fruit Juice
Fruit
Milk Variety

3 STUFFED BAGEL CHEESESTICK
PRE-K PEANUT BUTTER SAND
or
Cereal / Crackers
100% Fruit Juice
Fruit
Milk Variety

4 MUFFIN / YOGURT
or
Cereal / Crackers
100% Fruit Juice
Fruit
Milk Variety

7 BREAKFAST PIZZA
or
Cereal / Crackers
100% Fruit Juice
Fruit
Milk Variety

8 FRENCH TOAST / SAUSAGE
or
Cereal / Crackers
100% Fruit Juice
Fruit
Milk Variety

9 SAUSAGE, EGG & CHEESE BISCUIT
or
Cereal / Crackers
100% Fruit Juice
Fruit
Milk Variety

10 PANCAKE WRAP / YOGURT
or
Cereal / Crackers
100% Fruit Juice
Fruit
Milk Variety

11 CHEESY TOAST / SAUSAGE
or
Cereal / Crackers
100% Fruit Juice
Fruit
Milk Variety

14 PANCAKES / BACON
or
Cereal / Crackers
100% Fruit Juice
Fruit
Milk Variety

15 BREAKFAST BURRITO
or
Cereal / Crackers
100% Fruit Juice
Fruit
Milk Variety

16 SAUSAGE & BISCUIT
or
Cereal / Crackers
100% Fruit Juice
Fruit
Milk Variety

17 BREAKFAST COOKIE / YOGURT
PRE-K OATMEAL / CINN TOAST
or
Cereal / Crackers
100% Fruit Juice
Fruit
Milk Variety

18 CHICKEN & BISCUIT
or
Cereal / Crackers
100% Fruit Juice
Fruit
Milk Variety

21 SAUSAGE KOLACHE
YOGURT
or
Cereal / Crackers
100% Fruit Juice
Fruit
Milk Variety

22 **NOON RELEASE**
PEANUT BUTTER SAND
or
Cereal / Crackers
100% Fruit Juice
Fruit
Milk Variety

23 **THANKSGIVING
BREAK**

24 **HAPPY
THANKSGIVING**

25 **THANKSGIVING
BREAK**

28 MUFFIN / CHEESE STICK
or
Cereal / Crackers
100% Fruit Juice
Fruit
Milk Variety

29 SAUSAGE & BISCUIT
or
Cereal / Crackers
100% Fruit Juice
Fruit
Milk Variety

30 WAFFLES / CHICKEN
or
Cereal / Crackers
100% Fruit Juice
Fruit
Milk Variety



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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